

Transformative Groups

FALL/WINTER 2009/10 WORKSHOP SCHEDULE



Professional Continuing Education Credits

OPEN TO PUBLIC AND PROFESSIONALS

Susan Burns MA LMHC



Career and Life Transition in Challenging Times

Creating an Integrally Meaningful and Sustainable Future

Saturday, Nov. 7, Jan. 2, Feb. 6, 1 PM - 5 PM * Bellevue, WA * Fee: \$15

A practical career and life change clinic for professionals and those in transition wishing to explore their next step forward within a community. This mini workshop is for anyone seeking career change, dealing with lay off, wanting to stretch to new heights or in life transition. This experiential learning environment will teach skills and help build capacity as well as offering tools to work with others.

Susan Burns, a professional counselor, coach, educator (37 yrs) and community converner (15 yrs) facilitates this interactive session. Nurses, counselors, social workers. 4.0 CECs. Public welcome.

Isabelle St. Jean



From Crisis to Opportunity Transforming the Midlife Passage

Saturday, Nov. 14, 9AM - 6 PM * Seattle * WA * Fee: \$95/\$85

Midlife can be confusing as well as an initiation into the most fulfilling time of life. By working with the developmental, psychological aspects of midlife, you can turn a seemingly directionless journey into a great expedition to yourself. Understanding this time of transition can take you to your soul's calling despite crisis. Join author, Isabelle St. Jean to clear the fog through passage. Nurses, counselors,

social workers. 7.0 CECs. Public welcome.

Stanley Krippner PhD



Transform Your Mythic Path Personal Mythology and Dream Workshop

Sunday, Jan. 10, 9AM - 6 PM * Olympia * WA * Fee: \$85/\$75 (by 11/30), \$95/\$85

How do you find and change a life story? Be delighted at the mythic path that awaits you. Join legendary psychologist, consciousness and dream study expert, Dr. Stanley Krippner for a once in a lifetime opportunity to work with personal mythology. Create a new destiny for yourself through the recesses of your psyche, finding and transforming the hidden patterns that are dysfunctional to your story. Work therapeutically with dreams, explore the elements of myth, use expressive mediums, and

gain tools to work with others. Nurses, counselors, social workers. 7.0 CECs. Public welcome.

Cyndy Sheldon MSW



Gestalt as a Way of Life The Magic and Sacred in Gestalt Therapy

Saturday, Feb. 20, 9AM - 6 PM * Seattle, WA * Fee: \$95/\$85

Timeless understandings and practices developed by Gestalt Therapy founders, Fritz and Laura Perls in the 1940s, are more relevant now than ever. Similarities between Gestalt, Buddhist teachings, Eckhart Tolle's work, indigenous ways will be covered. Cyndy Sheldon MSW studied with the Perls, and founded the original Gestalt Institute of San Francisco.

Nurses, counselors, social workers. 7.0 CECs. Public welcome.

www.transformativegroups.com

Contact Susan Burns at info@transformativegroups.com or (425) 881-9000